



Parrhesia
Catholic Ministries

A Catholic speaker serving the mission of the Church
Making Him Known One Talk at a Time

2025 Ministry Highlights



A Year of Mission, Growth, and Grace.

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Growth, and Grace!

We are deeply grateful to every community that invited and welcomed the ministry. Your openness created space for encounter, reflection, and renewed hope in Christ. As you read through this year's highlights, we hope you are encouraged by the ways the Gospel continues to bear fruit through this work.

How this ministry is sustained

19

Speaking events in the UK & Ireland - a blend of live and virtual talks

This ministry is sustained through the invitations extended by schools, parishes, and Catholic communities who desire to share the Gospel and support faith formation. Their welcome creates opportunities for talks, retreats, and moments of encounter that help people of all ages grow closer to Christ.

Many hosts offer donations in lieu of speaking fees, and the ministry is also supported by individuals who believe in the importance of evangelisation and the renewal of faith within the Church. Through this generosity and openness, the ministry is able to continue serving the Church, travelling to communities, and proclaiming the Gospel wherever the Lord opens a door.

3,030

Encountered Catholic teaching through talks in schools, parishes, prayer groups, ministries and youth events

1,620

Young people/adults heard the message of Christ





Event

Details

Feedback

1) ADORE | JANUARY

Online Talk:
"Jesus Is the Way" +
Prayer Ministry

This online ministry session offered hope and healing to many participants, who joined for a talk on Christ as the Way and a time of prayer for renewed joy and trust in Him. One participant shared:
"The talk really hit home and gave me hope during a difficult time. It felt personal and encouraging, and the prayers were a real blessing."

2) HOLY CROSS PARISH, YORKSHIRE | FEBRUARY

Day of Formation
for 25 Street
Evangelists

The ministry provided two formation talks and prayer ministry for a parish team of street evangelists in Hull. The day helped reinvigorate their mission and strengthened their confidence in sharing the Gospel on the streets.

3) ST THOMAS AQUINAS HIGH SCHOOL, BIRMINGHAM | FEBRUARY

Year 8 Retreat Day
on Reconciliation &
Forgiveness

The ministry delivered three talks and led a time of prayer for 220 students during their retreat day. The Lay Chaplain commented:
"The ministry shared the Catholic faith with our students in a powerful and accessible way. Adoration was introduced to the whole year group, and the students were deeply engaged throughout."

4) ST CLARE'S PARISH, PRESTON | MARCH

Day of Renewal
(Approx. 80
Participants)

This day of renewal included two talks and prayer ministry, offering encouragement, healing, and a renewed sense of God's love. One attendee said:
"Thank you for helping people and showing them God's love. It made a real difference in my life."



Event	Details	Feedback
5) ST PATRICK'S PARISH, LONDON MARCH	Life in the Spirit Seminar Weekend - 8 Talks Delivered in Partnership with Another Catholic Speaker	The ministry partnered with another Catholic speaker to deliver eight talks as part of a Life in the Spirit Seminar weekend. Feedback from parishioners showed that the weekend helped renew parish life and encouraged many to use their gifts in service of the Church.
6) SS PETER & PAUL'S PARISH, SALFORD MARCH	Lent Retreat - Talk on Reconciliation and Forgiveness (Approx. 80 Participants)	As part of a parish Lent retreat, the ministry offered a teaching on Reconciliation and Forgiveness. The session inspired repentance, healing, and a renewed personal relationship with Jesus through the Sacrament of Reconciliation.
7) JOEL'S BAR YOUNG ADULT'S RETREAT, CRAWLEY APRIL	Retreat for Young Women and Young Adults - Workshop + Keynote + Prayer Ministry	The ministry provided a workshop for young women and a keynote talk for around 100 young adults, followed by a time of prayer ministry. The event encouraged participants in their dignity, purpose, and missionary calling. One organiser shared: "We were so encouraged by the ministry at our recent event that we invited them to speak again at this special retreat, knowing it would strengthen our young people before their parish mission."
8) SALFORD CATHEDRAL PARISH HEALING SERVICE APRIL	Preparation Talk for a Eucharistic Healing Service (Approx. 200 Participants)	The ministry offered a preparatory talk ahead of a Eucharistic Healing Service, helping participants enter the evening with openness and faith. Many expressed that the event brought healing, hope, and a renewed commitment to Christian life.



Event

Details

Feedback

9) CHARIS PORTSMOUTH LIFE IN THE SPIRIT SEMINAR | MAY

Online Talk - "New
Life" (Life in the
Spirit Session)

This online session encouraged participants to open their hearts more fully to the power and presence of the Holy Spirit in their daily Christian living.

10) ALL IRELAND ROSARY RALLY, KNOCK SHRINE | JUNE

Talk on Marian
Missionary
Discipleship
(Approx. 100 Young
People)

The ministry delivered a talk on Marian Missionary Discipleship for around 100 young people, encouraging a deeper commitment to Christian life through the example and intercession of Mary. One young adult later shared:

"Thank you for such a wonderful talk - clearly inspired by the Holy Spirit!"

11) NEW DAWN, MANCHESTER | AUGUST

Talk on Our Lady
for Approx. 500
People at the
Inaugural New
Dawn Manchester

The ministry delivered a talk on Our Lady to around 500 participants at the inaugural New Dawn Conference. The session encouraged a deeper relationship with Mary as Mother and intercessor. One viewer commented online:

"Such enthusiasm! A real gift from Our Blessed Lady. All glory to God!"

12) BIRMINGHAM CATHOLIC CHARISMATIC RENEWAL CONFERENCE | AUGUST

Two Talks on "Heart
Speaks to Heart" for
Approx. 80-100
People

As part of a conference exploring the theme Heart Speaks to Heart, the ministry offered two talks that helped foster a renewed sense of hope among participants. The organiser shared that the talks were passionate and deeply encouraging for all who attended.



Event

Details

Feedback

13) FUN CAFÉ YOUTH RETREAT - OUR LADY & ST EDMUND'S PARISH, ABINGDON | SEPTEMBER

Talk on Friendship with Jesus for Approx. 30 Young People (Ages 13–18)

The ministry provided a session on friendship with Jesus for a group of young people, encouraging a deeper openness to Christ. The organiser noted the strong response: **"The children were very enthusiastic. Several shared how touched they were, and many said they felt closer to Jesus. The team described it as a memorable afternoon and are already planning another event."**

14) PILGRIMS OF HOPE RETREAT - OUR LADY OF LOURDES PARISH, MILTON KEYNES | SEPTEMBER

Talks for Young People and Parish Community for the Jubilee Year of Hope

As part of the Jubilee Year of Hope, the ministry offered one talk for young people aged 7–17 and another for the wider parish community. The event supported participants in their faith journey, with the organiser expressing gratitude: **"Thank you for the powerful testimonies and talks. We were truly blessed."**

15) BECOMING RETREAT - FAITH CHAT PLATFORM, COVENTRY | OCTOBER

Talk for Approx. 500 People on Becoming Who God Created Us to Be

The ministry delivered a talk on becoming who God created us to be, followed by a Q&A session. The event encouraged a renewed sense of mission within the African community. The organiser shared: **"Everyone appreciates the talks and answers. A real blessing to our generation."**

16) ST THOMAS AQUINAS CATHOLIC HIGH SCHOOL, BIRMINGHAM | OCTOBER

Year 7 Retreat Day - Belonging to the Family of God (3 Talks + Prayer)

During this retreat day, 220 children aged 11–12 received the basic Gospel message and a personal invitation to friendship with Jesus. Many expressed how much they enjoyed the retreat and remained positively engaged throughout the day.



Event

Details

Feedback

17) THE ASCENT RETREAT, PINNER | OCTOBER

Talk for Approx. 40
Young People
(Ages 14–18) on The
Call and Christian
Discipleship

The ministry offered a session on Christian discipleship and responding to God's call. The event encouraged young people to grow in openness to friendship with Jesus Christ. The organiser noted: **"The talk received very good feedback from our team and participants. Glory to God!"**

18) DIVINE UK YOUTH, SLOUGH | NOVEMBER

Talk for Approx. 600
People (Plus
Thousands Online)
on Following Christ
as a Young Adult

This ministry session invited participants to a deeper surrender to Jesus Christ and a renewed openness to the power of the Holy Spirit. The organiser commented: **"Thank you for sharing this Holy Spirit-inspired talk. Everyone loved it."**

19) HERTFORDSHIRE YOUTH SUMMIT | NOVEMBER

Talk on Holiness for
Approx. 100
Teenagers + Q&A
Panel

The ministry delivered a talk on holiness followed by a Q&A panel, encouraging young people to be open to a personal relationship with Jesus. The organiser shared: **"The young people were so engaged, and we received great feedback from group leaders who were really grateful for what was shared."**

Winter Highlight

The ministry supported over 200 Year 8 students (aged 12–13) from St Thomas Aquinas in a reverent time of Eucharistic Adoration, offering words of hope and encouragement as they encountered Christ's presence. It was a moment of profound stillness and openness among the students.

Summer Highlight

The ministry contributed to an event for around 100 young people at the All Ireland Rosary Rally, Knock Shrine, alongside other invited speakers, including Rev. Msgr. Stephen Rossetti from the United States. The gathering strengthened the faith of participants and fostered a sense of unity within the wider Catholic community.

Spring Highlight

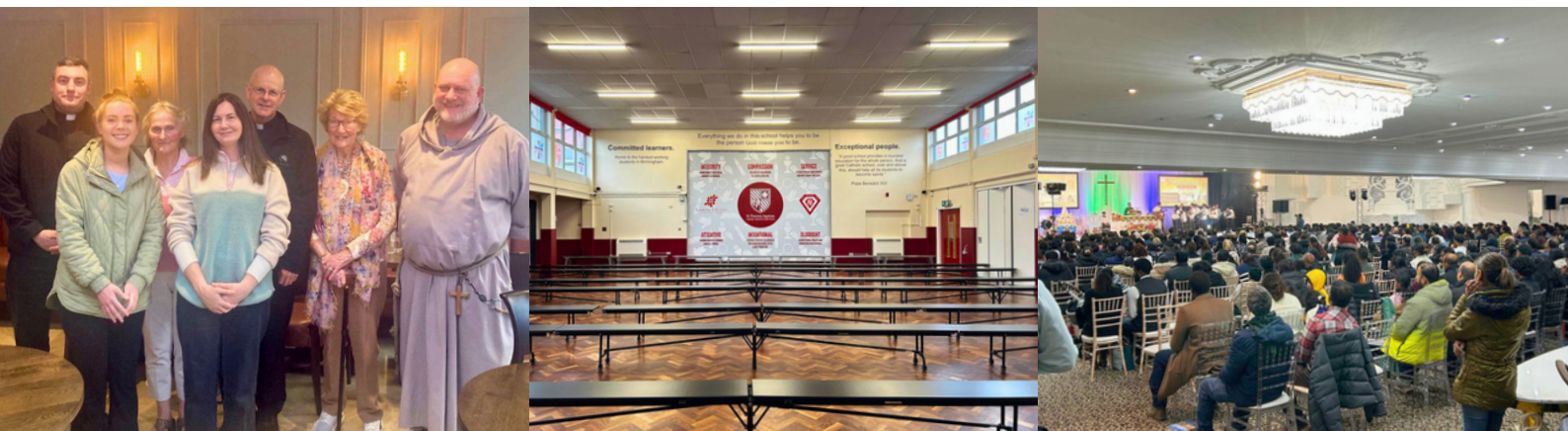
At the Joel's Bar Easter Retreat, the ministry served young women by sharing on identity in Christ, before offering a session to the wider group of young adults on how vulnerability can deepen one's relationship with God. The retreat created space for reflection, healing, and renewed faith.

Autumn Highlight

The ministry had the privilege of accompanying teenagers in their faith journey, including supporting a young person who shared their story of resilience after a life-changing injury. The ministry also spent time with the African Catholic community, whose vibrant faith, music, and worship were a powerful witness to the joy of the Gospel.

Looking ahead to 2026

In the year ahead, the ministry will continue responding to invitations from schools, parishes, and Catholic communities, offering talks, retreats, and opportunities for encounter to people of all ages. The ministry also hopes to connect with more Catholic primary and secondary schools to introduce its work and explore how it can support their mission to their students. The ministry remains committed to serving the Church faithfully and under the guidance of the Holy Spirit, with a deep desire to help others encounter Christ in a meaningful and personal way.



With Heartfelt gratitude

We are deeply grateful to every school, parish, and Catholic community that extended invitations and welcomed the ministry this year. Your generosity, openness, and desire to share the Gospel created the opportunities through which this work could take place and through which so many encountered Christ in a meaningful way.

With thanks to God for every door He opened, the ministry looks forward to continuing this mission in the year ahead - serving the Church, supporting faith formation, and proclaiming the Gospel wherever the Holy Spirit leads.

Daniella Stephens, Charity Executive
Parrhesia Catholic Ministries

